





November Menu



1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>5</p> <p>Swedish Meatballs Buttered Egg Noodles Meadow Blend Veggies</p>  <p>Dinner Roll</p> <p>Clementine</p>	<p>6</p> <p>Orange Juice Mexican Casserole Brown Rice</p> <p>Oatnut Bread</p> <p>Birthday Cake</p>	<p>7</p> <p>Tossed Green Salad Italian Dressing Spaghetti with Meat Sauce Italian Blend Veggies</p> <p>Garlic Bread</p> <p>Pineapple Mango Mix</p>	1
	<p>12</p> <p>Sweet and Sour Diced Chicken Brown Rice Oriental Blend Veggies Fortune Cookie</p> <p>Multigrain Bread</p> <p>Pineapple</p>	<p>13</p> <p>Shepard's Pie Butternut Squash</p> <p>Oatnut Bread</p> <p>Yogurt</p>	<p>14</p> <p>Cream of Broccoli Unsalted Crackers Pork Tenderloin with Apple Gravy Mashed Potatoes Harvard Beets Multigrain Bread</p> <p>Banana</p>	
	<p>19</p> <p>Fish Taco Black Bean Mango Salad Cilantro Lime Coleslaw</p> <p>Flour Tortilla</p> <p>Peaches</p>	<p>Thanksgiving Special 20</p> <p>Roast Turkey with LS Turkey Gravy Mashed Cinnamon Sweet Potatoes Green Bean Almondine Cranberry Sauce</p>  <p>Dinner Roll Pumpkin Pie with Whipped Topping</p>	<p>21</p> <p>Chicken Tarragon Brown Rice Broccoli</p> <p>White Bread</p> <p>Fruit Cup</p>	
	<p>26</p> <p>Pineapple Chicken Stir-Fry White Rice</p> <p>Hawaiian Roll</p> <p>Tropical Fruit</p>	<p>27</p> <p>Tossed Salad French Dressing Stuffed Shells with Marinara Sauce Spinach</p> <p>Garlic Bread</p> <p>Clementine</p>	<p>28</p> <p>29</p> 	

FOOD ALLERGY WARNING: Please be advised that our food may have come in contact or may contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumption of meals. Thank you!