

New Fairfield Senior Center

www.newfairfieldseniorcenter.org



January 2025

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>\$ indicates fees and pre-registration required *indicates pre-registration required Lunch requires reservation</p>	<p>Caregiver's Group Meeting Saturday, January 4 at 10:00</p>	<p>1 CLOSED HAPPY NEW YEAR</p>	<p>2 9:00 NO French 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole</p>	<p>3 9:00 Spanish 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:00 Garden Club Meeting 11:00 Free Form Dance Class 12:00 NO Cooking Class 1:00 Fair Crafts 1:00 Movie: The Love Punch</p>
<p>9:30 Zumba\$ 6 11:00 Bodies in Motion 1:00 Tech Help by Appt.* 1:00 Hot Dog Bingo 1:00 Mah Jongg 3:00 Cornhole</p>	<p>8:30 Men's Breakfast 7 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting 9:30 Walkers: Lakeside Pawling 10:00 Tai Chi\$, 12:00 Lunch\$, 12:00 Women's Pool 1:00 Chair Yoga\$, 1:00 Cards n Games 1:00 Mah Jongg, 1:30 Crafts w/ Danielle* 1:30 Investment Club 2:00 Men's Pool*</p>	<p>9:00 Blood Pressure 8 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 11:00 Bronx Club, 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games 1:00 Tech Help by Appt.* 1:30 Massage\$, 3:00 Prayers for Peace 5:15 Yoga\$</p>	<p>9:00 French\$ 9 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 COA Listening Session 10:00 Blood Pressure Screening 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games 1:00 Canasta 3:00 Cornhole</p>	<p>9:00 NO Spanish 10 10:00 Yoga \$ 10:00 Stitch by Stitch Quilting 10-12pm Probate Judge Martin Landgrebe* 11:00 NO Dance 1:00 Fair Crafts 1:00 Movie: Then She Found Me</p>
<p>9:30 Zumba\$ 13 11:00 Bodies in Motion 1:00 Tech Help by Appt.* 2:00 Senior Medicare Patrol Roundtable* 1:00 Wheel of Fortune 1:00 Mah Jongg 3:00 Cornhole</p>	<p>9:00 Yoga\$ 9:30 Quilting, 14 10:00 Tai Chi\$, 10:30 Walking Club meeting at Center 10:30 Finger Lakes Trip Presentation* 12:00 Lunch\$, 12:30 Jen's Scam Patrol 12:00 Women's Pool*, 1:00 Chair Yoga 1:00 Cards n Games 1:00 Mah Jongg 1:00 Origami* 1:30 Investment Club, 2:00 Men's Pool *</p>	<p>9:00 Blood Pressure 15 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:00 Lunch\$ 12:30 HHQ Quilters, 1:00 Cards/Games, 1:00 Tech Help Appts.* 3:00 Friend's Meeting 5:15 Yoga\$</p>	<p>9:00 French\$ 16 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games, 1:00 Canasta 3:00 Cornhole</p>	<p>9:00 NO Spanish 17 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:00 NEW Writing Class\$ 11:00 NO Dance 1:00 Fair Crafts 1:00 TV Shows from the 50's and 60's*</p>
<p>20 Martin Luther King, Jr. Day Senior Center Closed</p>	<p>9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 21 9:30 Walkers: Richter 10:00 Tai Chi\$, 10:30 Finger Lakes Trip Presentation SNOWDATE* 11:00 Let's Dance\$ 12:00 Lunch\$ 12:00 Women's Pool*, 1:30 Cards n Games, 1:00 Chair Yoga\$, 1:00 Mah Jongg 1:00 Kathy's Discussion Group* 1:30 Investment Club 2:00 Men's Pool*,</p>	<p>9:00 Blood Pressure 22 9:30 Zumba\$, 10:00 Art Class\$ 10:00 Sit n St'itch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games , 1:30 Housing Market Update* 1:00 Tech Help by Appt.* 1:30 Massage\$ 5:15 Yoga\$</p>	<p>9:00 French\$ 23 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games, 1:00 Canasta 3:00 Cornhole</p>	<p>9:00 NO Spanish 24 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:00 NEW Writing Class\$ 11:00 NO Dance, 1:00 Fair Crafts 1:00 Movie: Love, Weddings and Other Disasters 1:00 Foot Reflexology\$</p>
<p>27 9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Tech Help by Appt.* 1:00 Wheel of Fortune* 1:00 Mah Jongg 1:00 Intuitive Reading\$ 3:00 Cornhole</p>	<p>9:00 Foot Reflexology\$ 28 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 9:30 Walkers: Wooster Cemetery 10:00 Tai Chi\$, 11:00 Let's Dance\$ 12:00 Lunch\$ 12:00 Women's Pool*, 1:00 Cards n Games 1:00 Chair Yoga\$, 1:00 Mah Jongg 1:00 Red Hat Luncheon\$ 1:30 Investment Club, 2:00 Men's Pool</p>	<p>9:00 Blood Pressure 29 9:30 Zumba\$ 10:00 Art Class\$ 10:00 Sit 'n Stitch 11:00 Bodies in Motion 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games, 1:00 Danbury Fair Presentation* 1:00 Tech Help by Appt.* 5:15 Yoga\$</p>	<p>9:00 French\$ 30 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening 11:00 Bodies in Motion 11:00 Women's Book Club\$ 12:00 Lunch\$ 1:00 Cards n Games, 1:00 Canasta 3:00 Cornhole</p>	<p>9:00 Spanish 31 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:00 NEW Writing Class\$ 11:00 Free Form Dance Class 1:00 Fair Crafts 1:00 Movie: And So It Goes</p>