

New Fairfield Senior Center


www.newfairfieldseniorcenter.org

April 2025

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Caregivers' Group Meeting Saturday, April 5 at 10:00</p>	<p>8:30 Men's Breakfast 1 9:00 Foot Reflexology 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting 9:30 Walkers: Lake Tonetta 10:00 Tai Chi\$, 11:00 Ball Room Dancing\$ 12:00 Lunch\$, 12:00 Women's Pool 1:00 Chair Yoga\$, 1:00 Cards n Games 1:00 Mah Jongg, 1:30 Crafts w/ Danielle* 1:30 Investment Club, 2:00 Men's Pool*</p>	<p>9:00 Blood Pressure, 9:30 Zumba\$ 2 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 11:00 Bronx Club, 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards/Games, 1:00 Tech Help Appts.* 1:30 Messages\$, 2:00 Sybil Ludington Talk* 3:00 Prayers for Peace 5:15 Yoga\$</p>	<p>9:00 French\$ 3 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 COA Listening Session 10:00 Blood Pressure Screening 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games 1:00 Price Is Right* 1:00 Canasta, 3:00 Cornhole</p>	<p>9:00 Spanish 4 10:00 Yoga \$ 10:00 Stitch by Stitch Quilting 10:00 Writing Class* 10:00 Garden Club – Putnam Diner 11:00 Dance 1:00 Fair Crafts 1:00 Movie: Jesus Christ Superstar</p>
<p>9-1:00 Tax-Aide* 7 9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Tech Help by Appt.* 1:00 Hot Dog Bingo 3:00 Cornhole</p>	<p>9:00 Yoga\$ 9:30 Quilting, 8 10:00 Tai Chi\$, 10:30 Walking Club meeting at Center 11:00 Ball Room Dancing\$ 12:00 Lunch\$, 12:30 Jen's Scam Patrol 12:00 Women's Pool*, 1:00 Chair Yoga 1:00 Cards n Games 1:00 Mah Jongg 1:00 Origami* 1:30 Investment Club, 2:00 Trip Presentation: Fall Foliage Tour* 2:00 Men's Pool *</p>	<p>9:00 Blood Pressure, 9:30 Zumba\$ 9 10:00 Art Class\$, 10:00 Sit 'n Stitch, 10:30 Municipal Agent Give & Take 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards/Games, 1:00 Tech Help Appts.* 1:30 Adaptive Equipment and Home Modifications* 2:30 Everyday Tech Essentials 5:15 Yoga\$</p>	<p>9:00 French\$ 10 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening 11:00 Bodies in Motion, 12:00 Lunch\$ 1:00 Mark Twain Talk* 1:00 Cards n Games, 1:00 Canasta* 3:00 Cornhole</p>	<p>9:00 Spanish 11 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:00 Probate Judge Martin Landgrebe* 10:00 Writing Class* 11:00 Dance 12:00 Cooking with Puti* 1:00 Fair Crafts 1:00 Movie: Harvey</p>
<p>9-1:00 Tax-Aide* 14 9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Tech Help by Appt.* 1:00 Wheel of Fortune 3:00 Cornhole</p>	<p>9:00 Bus Departs for Bolton, CT 15 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 9:30 Walkers: Gleneida Rail Trail 10:00 Tai Chi\$, 11:00 Ball Room Dancing\$ 12:00 Lunch\$ 12:00 Women's Pool*, 1:30 Cards n Games, 1:00 Chair Yoga\$, 1:00 Mah Jongg 1:00 Discussion Group* 1:30 Investment Club 2:00 Men's Pool*,</p>	<p>9:00 Blood Pressure 16 9:30 Zumba\$, 10:00 Art Class\$ 10:00 Sit n St'itch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games , 1:00 Tech Help by Appt.*, 1:30 Messages\$ 2:30 Everyday Tech Essentials 4:00 Friend's Meeting 5:15 Yoga\$</p>	<p>9:00 French\$ 17 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening 11:00 Bodies in Motion 12:00 Lunch\$ 3:30 Mother Daughter Tea*</p>	<p> Closed for Good Friday 18</p>
<p>9:30 Zumba \$ 21 11:00 Bodies in Motion 1:00 Tech Help by Appt.* 1:00 Wheel of Fortune* 1:00 Intuitive Reading\$ 3:00 Cornhole</p>	<p>9:00 Foot Reflexology 22 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 9:30 Walkers: Schaghticoke 10:00 Tai Chi\$, 11:00 Ball Room Dancing\$ 12:00 Lunch\$ 12:00 Beginner's Pool*, 1:00 Cards n Games 1:00 Chair Yoga\$, 1:00 Mah Jongg 1:30 Investment Club, 2:00 Men's Pool*,</p>	<p>9-1:00 AAA Driving Class \$ 23 9:00 Blood Pressure, 9:30 Zumba\$ 10:00 Art Class\$ 10:00 Sit 'n Stitch 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games, 1:00 Northern Lights Trip Presentation* 1:00 Tech Help by Appt.* 2:30 Everyday Tech Essentials 5:15 Yoga\$</p>	<p>9:00 French\$ 24 9:30 Movers and Shapers\$, 10:00 Art Class\$ 10:00 Blood Pressure Screening 11:00 Bodies in Motion 11:00 Women's Book Club\$ 12:00 Lunch\$ 1:00 Things To Do With Your Library Card* 1:00 Cards n Games, 1:00 Canasta 3:00 Cornhole</p>	<p>9:00 Spanish 25 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:00 Writing Class* 11:00 Free Form Dance Class 1:00 Fair Crafts 1:00 Movie: While You Were Sleeping</p>
<p>9:30 Bus Departs for Newburgh 28 9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Tech Help by Appt.* 1:00 Wheel of Fortune* 3:00 Cornhole</p>	<p>9:00 Yoga\$ 29 9:30 Stitch by Stitch Quilting, 9:30 Walkers: Ball Pond 10:00 Tai Chi\$, 12:00 Lunch\$ 12:00 Beginner's Pool*, 1:00 Cards n Games 1:00 Chair Yoga\$, 1:00 Mah Jongg 1:00 Red Hat Luncheon\$ 1:30 Investment Club, 2:00 Men's Pool*,</p>	<p>9:00 Blood Pressure 30 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch, 11:00 Bodies in Motion 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games, 1:00 Tech Help* 1 30 Eating A Rainbow Nutrition Talk* 2:30 Everyday Tech Essentials 2:30 Bluebird Talk*, 5:15 Yoga\$</p>	<p>*indicates pre-registration \$ indicates fees and pre-registration required Lunch requires reservation</p>	<p>April 20 -26 National Volunteer Week Thank you, Volunteers!</p>