

New Fairfield Senior Center

www.newfairfieldseniorcenter.org



March 2025

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9-1:00 Tax-Aide* 3</p> <p>9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Tech Help by Appt.* 1:00 Hot Dog Bingo 1:00 Mah Jongg 3:00 Cornhole</p>	<p>8:30 Men's Breakfast 4</p> <p>9:00 Yoga\$ 9:30 Stitch by Stitch Quilting 9:30 Walkers: Ridgefield Rec Ctr 10:00 Tai Chi\$ 12:00 Lunch 1:00 Mr. Fix It*, 12:00 Women's Pool 1:00 Chair Yoga\$, 1:00 Cards n Games 1:00 Mah Jongg, 1:30 Crafts w/ Danielle* 1:30 Investment Club 2:00 Men's Pool*</p>	<p>9:00 Blood Pressure 5</p> <p>9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 11:00 Bronx Club, 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 12:30 Bereavement, 1:00 Cards n Games, 1:00 Tech Help* 1:00 Owls of CT* 3:00 Prayers for Peace, 5:15 Yoga\$</p>	<p>9:00 French\$ 6</p> <p>9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Spring Cleanup Workshop* 10:00 Blood Pressure Screening 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games 1:00 Just In Case Binder\$ 1:00 Canasta 3:00 Cornhole</p>	<p>9:00 Spanish 7</p> <p>10:00 Yoga \$ 10:00 Stitch by Stitch Quilting 10:00 Garden Club at Senior Center 10:00 Writing Class* 11:00 Dance 1:00 Fair Crafts 1:00 Movie: Always</p>
<p>9-1:00 Tax-Aide* 10</p> <p>9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Tech Help by Appt.* 1:00 Wheel of Fortune 1:00 Mah Jongg 3:00 Cornhole</p>	<p>9:00 Yoga\$ 9:30 Quilting, 11</p> <p>9:00 Bus Departs for Aqua Turf 10:00 Tai Chi\$, 10:30 Walking Club meeting at Center 12:00 Lunch\$ 12:00 Women's Pool*, 1:00 Chair Yoga 1:00 Cards n Games 1:00 Mah Jongg 1:00 Origami* 1:30 Investment Club, 2:00 Men's Pool *</p>	<p>9:00 Blood Pressure 9:30 Zumba\$ 12</p> <p>10:00 Art Class\$, 10:00 Sit 'n Stitch, 10:30 Municipal Agent hour 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 12:30 Bereavement 1:00 Demo- Tech Essentials* 1:00 Cards/Games, 1:00 Tech Help Appts.* 1:30 Massages\$, 5:15 Yoga\$</p>	<p>9:00 French\$ 13</p> <p>9:30 Movers and Shapers\$ 10:00 Art Class\$, 10:00 COA Listening* 10:00 Blood Pressure Screening 11:00 Bodies in Motion, 12:00 Lunch\$ 1:00 Just In Case Binder\$ 1:00 Cards n Games, 1:00 Canasta 3:00 Cornhole</p>	<p>9:00 Spanish 14</p> <p>10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:00 Probate Judge Martin Landgrebe* 11:00 Dance 12:00 Cooking with Puti* 1:00 Fair Crafts 1:00 Movie: The Quiet Man</p>
<p>9-1:00 Tax-Aide* 17</p> <p>9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Tech Help by Appt.* 1:00 Wheel of Fortune, 1:00 Mah Jong 1:00 Intuitive Readings\$ 3:00 Cornhole</p>	<p>9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 18</p> <p>9:30 Walkers: Richter Park 10:00 Tai Chi\$, 11:00 Ball Room Dancing\$ 12:00 Lunch\$ 12:30 Jen's Scam Patrol 12:00 Women's Pool*, 1:30 Cards n Games, 1:00 Chair Yoga\$, 1:00 Mah Jongg 1:00 Kathy's Discussion Group* 1:00 Just In Case Binder – Emergency Mgmnt 1:30 Investment Club 2:00 Men's Pool*,</p>	<p>9:00 Blood Pressure 19</p> <p>9:30 Zumba\$, 10:00 Art Class\$ 10:00 Sit n Stitch, 11:00 Bodies in Motion, 12:00 Lunch and Learn – Services and Options* 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Bereavement 12:30 Sittercise, 1:00 Cards n Games , 1:00 Tech Help by Appt.* 4:00 Friend's Meeting 5:15 Yoga\$</p>	<p>9:00 French\$ 20</p> <p>9:30 Movers and Shapers\$, 10:00 Art\$ 10:00 Blood Pressure Screening 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Just In Case Binder\$ w/ Green Funeral Home 1:00 Cards n Games, 1:00 Canasta 3:00 Cornhole</p>	<p>9:00 Spanish 21</p> <p>10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:00 Writing C:lass* 11:00 Dance, 1:00 Fair Crafts 1:00 Movie: You Before Me</p>
<p>9-1:00 Tax-Aide* 24</p> <p>9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Tech Help by Appt.* 1:00 Wheel of Fortune* 1:00 Dynamic Energy Healing w/ Courtney* 1:00 Mah Jongg 3:00 Cornhole</p>	<p>9:00 Foot Reflexology\$ 25</p> <p>9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 9:30 Walkers: Still River Greenway, Brkfld 10:00 Tai Chi\$, 11:00 Ball Room Dancing\$ 12:00 Lunch\$ 12:00 Women's Pool*, 1:00 Cards n Games 1:00 Chair Yoga\$, 1:00 Mah Jongg 1:00 Red Hat Luncheon\$ 1:30 Investment Club, 2:00 Pool Team*,</p>	<p>9:00 Blood Pressure 26</p> <p>9:30 Zumba\$, 10:00 Art Class\$ 10:00 Sit 'n Stitch 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 Bereavement 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games, 1:00 Just in Case Binder – Elder Law Attorney* 1:00 Tech Help by Appt.* 1:30 Massages\$ 5:15 Yoga\$</p>	<p>9:00 French\$ 27</p> <p>9:30 Movers and Shapers\$, 10:00 Art\$ 10:00 Blood Pressure Screening 11:00 Bodies in Motion 11:00 Women's Book Club\$ 12:00 Lunch\$ 1:00 Just In Case Binder\$ - Obituary Writing 1:00 Cards n Games, 1:00 Canasta 3:00 Cornhole</p>	<p>9:00 Spanish 28</p> <p>10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 10:00 Writing Cl:ass* 11:00 Free Form Dance Class 1:00 Fair Crafts 1:00 Foot Reflexology\$ 1:00 Movie: Taps</p>
<p>9-1:00 Tax-Aide* 31</p> <p>9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Tech Help by Appt.* 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole</p>		<p>Caregivers' Group Meeting Saturday, March 1 at 10:00</p>	<p>*indicates pre-registration \$ indicates fees and pre-registration required Lunch requires reservation</p>	