

RW Solutions Senior Community Café



April Menu, 2025

1% or Skim milk provided
Margarine available

LS-Low Sodium

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>Fish Filet with Garlic Sauce Mashed Potatoes California Blend Veggies</p> <p>Wheat Bread</p> <p>Pudding Cup</p>	<p>2</p> <p>Escarole Bean Soup Unsalted Crackers Lemon Rosemary Chicken Brown Rice Meadow Blend Veggies Italian Bread</p> <p>Fruit Cup</p>	<p>3</p> <p>Shepard's Pie Green Beans and Pimento</p> <p>Biscuit</p> <p>Oatmeal Bar</p>	<p>4</p>
	<p>8</p> <p>BBQ Chicken Macaroni and Cheese Carrots</p> <p>White Bread</p> <p>Fruited Yogurt</p>	<p>9</p> <p>Hearty Vegetable Soup Unsalted Crackers Fish Filet Herbed Rice Tuscan Blend Veggies</p> <p>White Dinner Roll</p> <p>Mango Pineapple Mix</p>	<p>10</p> <p>Ground Beef Stroganoff Mashed Potato Carrots</p> <p>Rye Bread</p> <p>Clementine</p>	
	<p>15</p> <p>Crispy Chicken Sandwich Sweet Potato Tots Green Beans Tomato Mayonnaise Hamburger Bun</p> <p>Pineapple</p>	<p>16</p> <p>Sliced Ham with Pineapple Cherry Sauce Loaded Potatoes Pea and Pearl Onions</p> <p>Rudi Roll</p> <p>Easter Dessert</p>	<p>17</p> <p>Salisbury Steak with LS Mushroom Gravy Mashed Potatoes Broccoli</p> <p>White Bread</p> <p>Pineapple Mango Mix</p>	
	<p>22</p> <p>Grape Juice Taco Mix Yellow Rice Black Bean, Corn and Mango Salad</p> <p>Flour Tortilla</p> <p>Peaches</p>	<p>23</p> <p>Meatloaf Mashed Potatoes Mixed Veggies</p> <p>Dinner Roll</p> <p>Orange</p>	<p>24</p> <p>Sweet and Sour Pork Sesame Noodles Broccoli</p> <p>Wheat Bread</p> <p>Pudding</p>	
<p>Fresh Clementine</p>	<p>29</p> <p>Salisbury Steak LS Beef Gravy Herbed Couscous Geneva Blend Veggies</p> <p>Dinner Roll</p> <p>Pears</p>	<p>30</p> <p>Baked Potato with Chili Tuscan Blend Veggies Cheddar Cheese</p> <p>Wheat Roll</p> <p>Brownie</p>		

FOOD ALLERGY WARNING: Please be advised that our food may have come in contact or may contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumption of meals. Thank you!