

New Fairfield Senior Center

www.newfairfieldseniorcenter.org

September 2024

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY SENIOR CENTER CLOSED	8:30 Men's Breakfast * 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi\$ 9:00 Walk-Brewster Train Station Trail 12:00 Lunch\$ 1:00 Yoga\$, 1:00 Cards n Games, Mah Jongg 1:30 Craft with Danielle* 1:30 Investment Club 2:00 Shooting Pool	9-12 Blood Pressure Screening 9:30 Zumba \$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 11:00 Bronx Club , 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games 3:00 Prayers for Peace* 5:15 NO Yoga\$	9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$, 1:00 Cards n Games 1:00 Canasta 3:00 Cornhole	10:00 Yoga, 10:00 Garden Club 10:00 Stitch by Stitch Quilting 12:00 Cooking with Puti* 1:00 Fair Crafts 1:00 Movie: Miss Congeniality 1:30 Kayaking* New Fairfield Town Fair Day Saturday, September 7 →
9:30 Zumba\$ 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Hot Dog Bingo\$ 3:00 Cornhole*	9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi\$ 9:00 Walkers Meeting 12:00 Lunch\$ 1:00 Yoga\$, 1:00 Cards n Games 1:00 Mah Jongg, 1:30 Investment Club 2:00 Origami Roses with Dirk* 2:00 Shooting Pool	9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 12:30 Bereavement, 1:00 Cards n Games 1:30 Ten Warning Signs – Alzheimer's Association* 1:30 Massages 5:15 Yoga\$	9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$, 10:00 BP Screening, 10:00 COA Listening session 11:00 Bodies in Motion 12:00 Lunch\$, 1:00 Cards n Games 1:00 Collette RiverCruise Presentation* 1:00 Canasta 1:30 The Price is Right* 3:00 Brick Dedication, 3:00 Cornhole	9:00 Spanish* 10:00 Yoga 10:00 Stitch by Stitch Quilting 10-12pm Probate Judge Landgrebe* 10:00 Garden Club meeting 11:00 Free Dance 1:00 Patsy's Playmakers* 1:00 Fair Crafts 12:50 Movie: Top Gun 1:30 Kayaking*
9:30 Zumba\$ 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 MahJongg 1:00 Wheel of Fortune 3:00 Cornhole 1:00 Intuitive Readings\$	9:00 Yoga\$ 9:00 Walkers - <i>John Jay Homestead</i> 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi\$, 1:00 Jen's Scam Watch- with Savings Bank of Danbury* 12:00 Lunch\$ 1:00 Cards n Games 1:00 Yoga\$, 1:00 Mah Jongg 1:30 Investment Club 2:00 Shooting Pool	9:00 Bus leaves for Casino\$ 9-12 Blood Pressure Screening 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games 1:30 Bunco\$, 4:00 Friend's Meeting 5:15 Yoga\$	9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$, 1:00 Cards n Games 1:00 Canasta 1:30 Danbury/New Fairfield History* 3:00 Cornhole	9:00 Spanish* 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Dance 1:00 Patsy's Playmakers* 1:00 Fair Crafts 12:55 Movie: Pay it Forward 1:30 Kayaking*
9:30 Zumba\$ 11:00 Bodies In Motion 12:00 Lunch\$ 1:00 MahJongg 1:00 Wheel of Fortune 3:00 Cornhole <i>Walk to End Alzheimers</i> <i>Sunday, September 22</i> ←	9:00 Yoga\$ 9:00 Foot Reflexology\$ 9:30 Stitch by Stitch Quilting, 9:00 Walk- <i>Tilly Foster Trail</i> 10:00 Tai Chi\$, 12:00 Lunch\$, 1:00 Cards n Games 1:00 Red Hat luncheon* 1:00 Yoga\$, 1:00 Mah Jongg 1:30 Investment Club 2:00 Shooting Pool,	9:30 Zumba\$ 9-12 Blood Pressure Screening 10:00 Art Class\$ 10:00 Sit n Stitch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games, 2:00 Massages\$ 5:15 Yoga\$	9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 11:00 Women's Book Club\$ 12:00 Lunch\$, 1:00 Cards n Games 1-3:00 Flu Shot Clinic* 1:30 Empathic Distress Talk* 1:00 Canasta, 3:00 Cornhole	9:00 Spanish * 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Dance, 1:00 Fair Crafts 1:00 Foot Reflexology\$ 1:00 Patsy's Playmakers 1:00 Movie: Sweet November 1:30 Kayaking* <i>Coffeehouse Saturday</i> →
9:30 Zumba\$ 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 MahJongg 1:00 Wheel of Fortune 3:00 Cornhole	Caregivers Group Meeting Saturday, September 7 at 10:00	*indicates pre-registration required \$ indicates fees and pre-registration required Lunch requires reservation		